



PARQUE NACIONAL  
D'**AIGÜESTORTES** I  
ESTANY DE SANT  
MAURICI

JULY, 9-15TH 2023

# 6-DAY HUT TO HUT TREKKING NATIONAL PARK

**Aigües Tortes:** winding waters. And water we will see. In the Catalan Pyrenees we walk a multi-day hut to hut trekking along granite peaks, through beautiful forests, and we'll see endless mountain lakes, rivers and waterfalls. A rugged and untouched landscape, enclosed by three-thousanders. Wild nature to forget the time.

In six days we will walk the most beautiful parts of Carros de Foc/Carros de Fuego, and we will regularly push our physical and technical limits.

The stages are not too long, so we'll have plenty of time to improve our scrambling skills. For those who have some energy left, there will be plenty of possibilities to make an extra loop or climb a peak.

In the mountain huts, each with its own atmosphere, the hut owners will receive us with a nourishing, warm meal and usually a shower. The refuges are all above 2000 meters!

Would you like to hike through one of the most beautiful areas of the Pyrenees? Accompanied by an International Mountain Leader, you will discover the alternative routes and wild corners of this nature area.

**Femke Treep - International Mountain Leader**  
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# PROGRAM

## meeting

**Sunday July 9th 17:00** Introduction, briefing & material check in Boí. Dinner & night in Boi.

## Hiking days

**Day 1** - Transfer/car from Boí to Cavallers (15 minutes)

Cavallers – Refugi Ventosa i Cavell: 5.1km +500 – 87, 2.5 walking hours

We are introduced to the rocky landscape of Aigüestortes. From the huge reservoir we climb up to the fancy but cozy hut with fantastic views.

In the afternoon we make a loop from the hut via the Estanyets de Colieto and we'll practice our progress over block terrain.

**Day 2** - Ventosa – Refugi Colomers: 7.6km +500 -540, 4 walking hours

In case of favorable weather conditions, this day offers - for those who want - the opportunity to climb the Montardo (2833). Stunning views over Vall d'Aran are the welcome reward.

**Day 3** - Colomers – Refugi Saboredo: 7.1km +500 -330, 4 walking hours. Beautiful, watery and fairytale-like forests, still with a strong alpine character.

Possible climb of Tuc Gran de Sendrosa. Today we sleep in the nicest hut in the area: only 25 beds with a panoramic view.

**Day 4** - Saboredo – Pic de Ratera – Refugi d'Amitges: 6.6km +574-500, 4-5 walking hours. Again we will climb a peak with 360 view. The scrambling up gives us a fantastic mountain experience. We end the day under the granite needles of Amitges.

**Day 5** - Amitges – Refugi Estany Llong: km +600 -851, 5 walking hours

We walk the path that Franco built to be able to be driven around the national park. Fortunately, nowadays there is no road anymore, but a beautiful walking route. With ascent of el Pic de Portarró. If you still have the energy in the afternoon, you can make an extra round to Estany de Dellui.

## Saturday July 15th

**Day 6** - Refugi Estany Llong - Boí: 11 km +28 -700, 3 walking hours. In the morning we descend at ease into the valley. Via Planell d'aigüestortes, where we learn about the origin of the term 'Aigüestortes', we slowly dive into the deciduous forests. Time to celebrate the week with a great lunch.

The stages are not too long, so we can take our time for more challenging parts aka block fields. For those who have energy to spare, it is usually possible to visit an extra lake or climb a peak. There is also always the possibility to spend more time on developing mountain skills, tour planning, climbing techniques, orientation, etc.

## IMPORTANT

The program is always subject to change and availability in the huts. The guide can decide to change the original program at any time, if this is needed for safety. Unforeseen costs resulting from such a necessary change will be responsibility of the participants.





# GENERAL

## PRICE

€945,-

Bookings before the 1st of April will receive an early bird discount of 5%

6-11 participants

## Included

- Certified International Mountain Leader
- 5 x half board mountain huts
- 1x half board Casa Rural/hotel before the trekking (double room)
- Spanish Picoteo on first day
- Taxi to Cavallers

## Not included

- Travel insurance with coverage for mountaineering (mandatory)
- Costs due to unforeseen, but necessary changes in the program
- Packed lunches are available in the huts for about €13 and should be orderd on forehand. You can also bring your own lunch snacks.

## WHAT TO BRING

### Shoes

You need good hiking boots with ankle support for the trekking. The shoes have to be in good condition with enough profile. In case of doubt, contact me!

### Other equipment

- hiking backpack 30-40 liters (pack with max. 6-7 kilos)
- jacket waterproof and windproof and preferably breathable
- rain pants
- fleece/down jacket
- thermal underwear
- hiking pants (at least a long pair, shorts are opcional)
- water repellent gloves
- hiking socks (1 pair for hiking, 1 pair for in the h)
- cap
- sun hat/buff
- sunglasses min. category 3
- walking poles (highly recommended)
- liner/saco sabana
- Headlight
- lip balm
- Camel bag (or drinking bottle) min. 2L
- travel towel
- Passport
- Health insurance card, mountaineering insurance card
- Cash (and bank cards)
- Phone and charger
- Camera
- Small First Aid kit





## **TIPS FOR OUTWARD AND RETURN JOURNEYS**

- From the Netherlands, the easiest way to travel to the Pyrenees is by car. Carpooling is a great option.
- The TGV from Paris takes you directly to Toulouse in 4.5 hours or by night train. The 'Railplanner' app (from Interrail) is very helpful when planning an international train journey, as well as Trainlines and Treinreiswinkel. Continue by rental car or by transfer. I can help organize a transfer from Toulouse to the starting point of the tour (€30-50 per person one way to Vielha; from there to Boí there are several options).
- From Barcelona there are trains, buses and a daily taxi to La Pobla de Segur and Senterada. This journey takes about four hours and €30-40 by public transport. Renting a car in Barcelona is a good option, it will take you 2.5-3 hours to Senterada and Espot. BlaBlaCar is also widely used in Spain.

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